

VI'S CORNER: "DAISY"

By Vi Logan



BEVERLY HILLS—My name is Daisy, and I want to take this opportunity to wish everyone a very Happy New Year from all of us kitty cats here at the Friends of Animals Foundation - before the year is over! My doggy friends had their chance a few weeks ago, and I know that they included us, but I wanted to speak for myself and all of my friends here in the cattery!

Now, let me tell you a little bit about myself. Some people say that I'm sassy. I guess that's because I can be a little bossy at times. But that makes me interesting, doesn't it? You never know what to expect from me! There are times that I may want to just sit on your lap and demand your full attention. No watching TV, no reading, just ME! Other times, I may want you to play with me, and that can be a lot of fun! Then, of course, seeing that I am a cat, I may just want my alone time. I'm really very friendly, you just have to know, and put up with, my moods.

My family gave me up because someone in the family was allergic to me. I wonder if cats are ever allergic to some humans. If we are, I bet that we would find a way to

stay with our family and wouldn't give them away. Just a thought.

While I'm being well cared for here, and have lots of friends, I sure would like to be part of a family, again. So I hope that someone will call to see me. Don't forget to check our website at foafla.petfinder.com to see all of my kitty friends, and the many dogs, that are waiting for loving homes.

I'll leave you with a few quotes that I think that you will like:

"A black cat crossing your path signifies that the animal is going somewhere." - Groucho Marx "Cats always know whether people like or dislike them. They do not always care enough to do anything about it." - Winifred Carriere

"The trouble with cats is that they get the same exact look whether they see a moth or an ax-murderer." - Paula Poundstone "Cats are connoisseurs of comfort." - James Herriot

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ROOMMATE DUMPS BODY IN TRASH CAN

By Staff

STUDIO CITY—On Friday, January 8, a man was found dead by his roommate in their residence at 3908 Berry Drive located south of Ventura Boulevard. Authorities are reporting that the roommate found the man at around 5:30 p.m. but then panicked for an undisclosed reason; therefore, he wrapped the 64-year-old man's body in a blanket and then dumped it in a trash can near their home.

Allegedly the roommate, whose name is currently withheld, later went to a nightclub in Hollywood.

According to authorities, the man told some friends what had happened and he was urged to inform the authorities. He was later arrested on an unrelated warrant.

As of Sunday, January 10, the autopsy has been pending; however, police are investigating the incident as a possible accident, according to coroner's investigator Jerry McKibben.

No further information regarding the cause of death or identity of the 64-year-old man was given.

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LEGENDARY COWBOY DIES

COWBOY DALE RICKARDS RIDES OFF INTO THE SUNSET AT AGE 88

By Susie Kopecky

MALIBU—Dale Rickards wore many hats, including a 10-gallon one. Rickards, a former police officer and trick horseman, passed away at the age of 88 just before 2010, on December 29, 2009.

Rickards was a retired police officer and for many years had been active in pursuits both in Los Angeles County and neighboring Ventura County. Rickard was also a soldier in WWII, where he was a part of the cavalry.

Rickards was known for his enthusiasm for horses, stunt cart driving and horse riding for movies, and for upholding the law during a nearly 30-year career as an officer in the Los Angeles Police Department.

Rickards owned a ranch in the hills of Malibu at the time of his death and had worked driving wagon teams and wrangling for the television show "Little House on the Prairie." His ranch was known as a Western-themed destination for photographers or filmmakers who needed a convenient and correctly themed destination for anything Western. Rickards also played a major organizational role in the annual Conejo Valley Days celebration, officially retiring in 2006.

In a 2008 special editorial in The Acorn, Rickards wrote about his time working as a

police officer and about being an animal enthusiast, around Los Angeles and Ventura County. Rickards wrote that he served the LAPD for 27 years, for the last 20 of which, he "also served as a mounted officer." He noted that the Horse Detail was a job which required him to work only on holidays and weekends, which he liked, as it allowed him to "work other details, which encompassed about all of the jobs the department had to offer."

(The LAPD still maintains horses within its Metropolitan Division. Visitors to the LAPD Web site can learn about nearly 30 of the LAPD's horses, including Blue, Captain, Colorado, Doc and Zip.)

Rickards was stationed at the San Fernando Valley's Hansen Dam Park, where he wrote that he dealt with much crime, and his "most exciting and trying crimes happened between the ears of a horse."

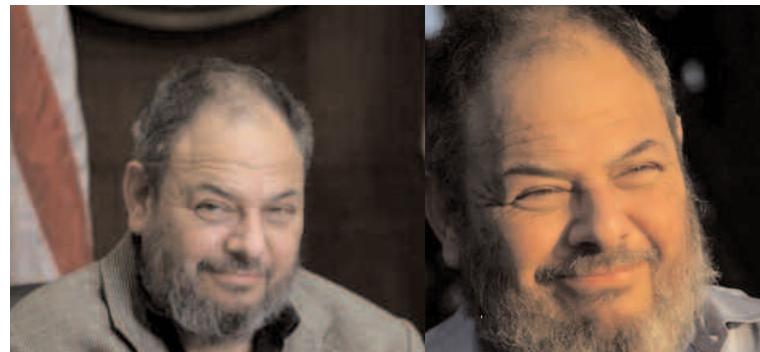
In his editorial, Rickards wrote fondly of his former mule and horse Smokey and Minnie Poo, who brought many fond memories into his life. "If I get to heaven, and I'm sure planning on it," he wrote, "I'll find Smokey and Minnie Poo standing in green grass up to their bellies, waiting for me."



A final farewell to American cowboy Dale Rickards.

SANTA MONICA MAYOR KEN GENSER DIES

By Clark Milan



Mayor Ken Genser.

Photos courtesy of genser.org

SANTA MONICA—After struggling with a number of health issues, longtime Santa Monica Mayor Ken Genser died on Saturday, January 9.

According to the city's Web site, Genser entered the hospital with "multiple complications" on October 30. Family and close friends were at his bedside when he passed.

In a statement, City Council and Mayor Pro Tempore Pam O'Connor said, "It is with deep sadness that we mourn the loss of our Mayor, Ken Genser, an indefatigable champion for quality of life in Santa Monica. Ken distinguished himself with a fierce intellect, pas-

sion for progressive social policy and compassion for people. He served the community throughout his lifetime and will be greatly missed."

A committed advocate and long term resident of Santa Monica, Genser was a member of the City Council for 21 years. He was appointed Planning Commissioner from 1983 to 1985. Genser was also a founder of the city's Community Corporation from 1982 to 1988.

Genser was even elected mayor three times by the City Council: 1992, 2000 and 2008. Genser was 59 at the time of his death.

SECURITY GUARD SHOT IN HOLLYWOOD

By Staff

HOLLYWOOD—On Monday, January 11, a security guard in Hollywood was shot in a gang-related incident. The altercation occurred at a strip mall parking lot located on Santa Monica Boulevard and Western Avenue.

Police officers from the Hollywood station

arrived after the shooting was reported at about 6:20 p.m. Authorities found the 45-year-old victim unconscious and the firefighters on duty revived the man who was rushed to a hospital in order to undergo surgery. Authorities could not comment on the current condition of the security guard or

give any further information. Authorities are currently trying to identify the two suspects involved in the shooting. The only information available is that they are male and were seen running west on Santa Monica Boulevard shortly after the shooting. Police are classifying the case as

gang related, and currently no weapons have been recovered.

Police are asking for the public's help in identifying the suspects, and anyone with information is urged to call the LAPD at 877-LAPD-24-7.

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- 4.) Abstain from printing anything demeaning, calumnatory or potentially harmful to any living being.
- 5.) Maintain the highest level of journalistic integrity.

UCLA CHANCELLOR ENCOURAGES AID

By Susie Kopecky

WESTWOOD—Soon after word spread of the horrific earthquake and its aftermath in Haiti, Chancellor Gene Block encouraged UCLA students, alumni and community members to consider ways in which they could help aid in relief efforts.

On January 13, UCLA's head honcho released a statement describing his shock and sadness over learning of the deadly 7.0 magnitude earthquake which struck the island nation. "This major catastrophe has caused massive destruction and almost demolished the capital city," Block stated, cautioning that the worst may not yet be

over, and that the death toll may rise 100,000.

"My thoughts and prayers go out to all those affected, certainly the people of Haiti and those here in the U.S. who have friends and family there," he added.

The earthquake struck on January 12.

Block encouraged any possible assistance. "I know that UCLA is a very giving community," he stated, noting the plethora of ways in which individuals can assist in relief efforts. "It is at times like this when people need our help the most."

CASEY JOHNSON EMERGENCY CALL RELEASED

By Clark Milan

WEST HOLLYWOOD—On Saturday, January 9, entertainment news Web site TMZ posted a call regarding Casey Johnson's death.

The unidentified female caller found 30-year-old Johnson in her guest house, and described her to be "ice cold," and that her hands were "turning blue." Two other unknown people were present at the time of the call.

Though the caller was not sure if John-

son's death was suicide-related, she did reveal that the socialite often gets her medication "all screwed up."

An heiress to the Johnson & Johnson Company, Johnson, who also has a 3-year-old daughter, was found dead in her mansion near West Hollywood on Monday, January 4.

Many of Johnson's famous, childhood friends expressed their sadness on social, public networks such as Facebook and

MySpace.

On the day of Johnson's death, Paris Hilton wrote on her Twitter page, "I feel so sad right now, my heart is in pain. Just lost a longtime friend. My heart goes out to her family. R.I.P. Casey Johnson. Love you."

On January 6, Hilton again updated her page, still about Johnson, and included a picture of them together from a previous gathering, along with her sister Nicky and

other childhood friend Nicole Richie.

A Facebook fan page was made in support of Johnson. The profile had 491 members and included many comments from her fans. Though a lot of people sent Johnson's family and friends well wishes during their loss, others were more judgmental, and criticized her life and recent engagement to MTV reality star Tila Tequila.

SON OF MICHAEL REAGAN ARRESTED

By Staff

SHERMAN OAKS—The grandson of former President Ronald Reagan, was arrested on January 7, at a Sherman Oaks home which apparently belongs to his family members.

Reagan, 31, was arrested by officers from the Los Angeles Police Department after somehow setting off a house alarm around midnight. Reagan did spend a number of hours in jail, apparently not because family members pressed charges, but because at the time of the arrest, officers deemed that he was not cooperating.

Cameron Reagan is the grandson of the former two-term president and is the son of active conservative speaker Michael Reagan, 64, who has since come forward and defended his son. Reagan has told various outlets that his son's setting off of the alarm was accidental, and that Cameron Reagan did not realize what he had done until it was too late.

Cameron Reagan spent a number of hours inside of a Van Nuys jail after his arrest, though he made bail by the following morning. Reagan or an associate provided the \$10,000 at which his bail

was set and later posted.

Reports have come out accusing Reagan of being drunk at the time of his arrest, though it is unclear whether or not Cameron Reagan was sober or under the influence of alcohol when the altercation took place between himself and the arriving officers.

It appears that no one actually called the police, but that Cameron Reagan and/or one of his friends had somehow set off an alarm around the Sherman Oaks home, and police quickly responded, believing it to be a possible

break-in.

Cameron Reagan is the sole son of Michael Reagan, and has one sister, Ashley. Reagan's mother is Colleen Sterns.

Cameron Reagan may be best known for his family lineage and the role in which his family has played in politics for the last five decades. His grandfather was both governor of California and then President of the United States, and his father is a well known conservative voice on talk radio. His uncle, Ron Reagan, the half brother of his father, is a liberal voice on the air.

CA-TF2 ARRIVES IN HAITI

By Staff



LOS ANGELES—Members of the Los Angeles County Fire's Heavy Rescue Task Force

team arrived in Haiti on Thursday morning, January 14, to support the thousands of vic-

tims that were affected from the 7.0 earthquake. The quake struck in the heavily populated city of Port-Au-Prince.

This response team is designed to "provide a coordinated response to disasters in urban environments," according to the LAFD.

According to the fire department, the Los Angeles-based group, also referred to as California Task Force 2 or CA-TF2, departed from March Air Force Base for the Caribbean nation after 10 p.m. on January 13. Along with other task force members from various counties, they are in Haiti to lend a helping hand.

From clearing out the endless debris, providing aide for the many injured locals to finding victims whether dead or alive, they are there to give back whatever is needed.

The specially trained 70-person team included fire fighters, physicians, paramedics, hazardous materials technicians and other specialists. The unique rescue team has access to 55,000 pounds prepackaged service, rescue tools and medical equipment to provide 24-hour service for any natural or man-made disaster.

Locals can receive daily briefings from the LAFD team by logging on to <http://fire.lacounty.gov/haiti.asp>.

The severe shaking from the earthquake, combined with widespread corruption and lack of solid building code enforcement, combined to create the staggering situation which is now being faced.

As of press time, it was estimated that at least 50,000 people may be dead as a result of the earthquake.

Soon after news spread of the devastating earthquake, numerous campaigns started to raise funding for rescue and aid efforts. By Friday, between \$7 million and \$8 million had been pledged to the Red Cross, through a text message campaign. Cell phone users who text the word "Haiti" to the number 90999 agree to donate \$10 to the Red Cross, to go toward funding emergency efforts in Haiti.

Buildings and homes faltered easily under the stress of the rumblings. Haiti's equivalent of the White House, the National Palace, was also decimated in the earthquake, President René Prével was not injured.

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"A WOMAN TO DIE FOR," A STORY WORTH READING

By Tommy Garrett

SANTA MONICA—British-born author Steve (aka: Ivan) Hayes first arrived in Hollywood in the late 1940s and moved here permanently in 1950. Once an actor, he helped support himself by parking cars at some of Hollywood's most glamorous and well-known hot spots on the Sunset Strip. He became friends during that time with legends such as, Ava Gardner, Lana Turner, Errol Flynn and Marilyn Monroe to name a few. In 1955 the handsome actor started writing and has now completed not only books, but movies and scripts produced and aired on TV.

I recently had the great opportunity to enjoy his latest fictional work, "A Woman To Die For," which was published by the esteemed publishing house Bear Manor. The book's protagonist Mitch Holliday is a down on his luck investigator who after being framed for money laundering is quickly lowered to helping his P.I. partner, Lionel Banks to search for and find a young lady named Lila Hendricks. Mitch soon finds himself lured into even more action and troubles while on the case.

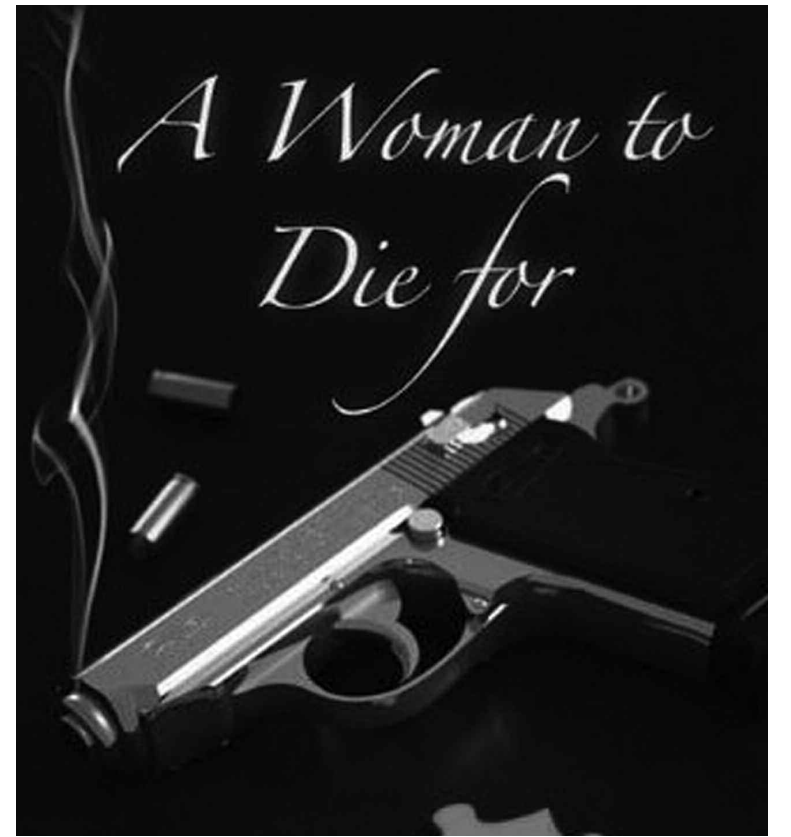
Mitch crosses paths with the rich and famous and the ordinary criminal and is tempted and after years of being in the private investigation business he is not sure

where his life and career are going. All the while, Lila Hendricks remains his focus and immediately the story takes a turn once several tragedies culminate into what has become Mitch's dysfunctional life and career.

Whenever Steve Hayes writes a book, you can expect it to move at a warp pace, but not difficult to keep up with. His stories move more like movies and television shows than the ordinary novel. Though Hayes is far from ordinary and this latest page turner entices the reader to take a chance and within a few dozen pages, you won't be able to put the book down.

Being a part of the end of the Hollywood golden age himself, this book as well as all of Steve Hayes's works are peppered with references to the classic noir era of films and unlike many who have to research this era, Hayes lived it, saw it first hand and witnessed some of the very things he writes so eloquently about in this book.

Next week, Canyon News tackles his novel "Viva Gringo!" Though I give this book my approval, it's surely a very concise story filled to the brim and running over with excitement, splendor and all things Hollywood.



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THE NEXT STEP IS A LONG ONE (PART 3)

By Grady Miller

HOLLYWOOD—"You're awful quiet," Eric the trainer said as I cowered in the back of the vintage Cessna. I didn't lack for repartee, but I was in full suppression mode: the question would have been, "In your 560 jumps, was there ever a person who froze up and clung to the edges of the hatch, refused to bail out and rode the plane back to the runway?" Not wanting to go there and display my stunning lack of machismo, I remained steadfastly mute. I did promise myself a visit to In-N-Out Burger if I endured this ordeal.

The rumble-rumble of the 50-year-old plane was comforting. Knees scrunched up to my chest, I repeatedly read on the aircraft's registration that it was air-worthy. Also comforting, was to know that the FAA agreed with us being in the air. I gazed out the crackled plastic window wrapped around the rear of the cockpit and sought to forget the latest goblin to seize my imagination: I wondered if anybody had been caught on video giving a thumbs up and then corkscrewing into the earth.

Brandon, my trainer, hooked up to the back straps of my halter as I sat on his lap. He handed me clear plastic goggles. This is one minor detail I would change from the first fictional account of skydiving ("The Christmas Card," in the Canyon News, December 13-27): there the tandem jumper was hooked at the hip. One. Lousy. Detail. Let's turn the plane back and go home.

The tiny maroon and yellow airship continued climbing the sky over Camarillo and Oxnard. It was breathtaking to see these places from above; the landmark glass office towers of Oxnard were immediately recognizable. Cars crept along 101 like aphids. It was a perfect Sunday afternoon, hardly a cloud in the soft, luminous sky. The goggles went on; the hatch was pushed open; the chill wind blew and filled the cabin. Before I knew it, Evan and Eric stepped out over the stirrup of the wheel and zoomed off into the sky. Brandon and I were next. I placed my feet over the edge of the hatch stepped out, the wind crowded around. In my

ears, and on my skin—all misgivings were blizzarded away. We were in full freefall, the wind rumbling and vibrating, hard as quartz, the pixilating sky and panoramic land rushing to my senses. I could look out now and see the silvery reaches of the Pacific Ocean, between the velvety fringes of coastal mountains; the patchwork of brown and green tilled rectangles and white-nylon-covered raspberries and blackberries. The physical texture of the wind was overwhelming; the wind was my friend, an antidote to fear and grim imaginings. In freefall the flesh ripples on the face and a thumbs up is ritually coaxed out of skydivers for the sake of video as they reach a terminal velocity of 120 mph. Freefall lasted hardly a minute, but engulfed in the flapping roar of the wind, it felt like a piece of eternity.

Then the chute popped open and there was sudden softness and silence. I could see the open parachute of Evan, the French teacher, sailing against the green and umber of farmlands below.

My trainer handed me the control cords to the parachute and showed me to let up on the cords so we'd turn left or right and get into a little twisting roller-coaster action. All told, the jump lasted three and a half minutes, but seemed much longer. Time dilated as it does during an earthquake. We came down softly in a gravel field by the Baptist church of Somis, legs up, feet pointed skyward and butt into home base. Giddy, laughing, I had done it, could go to In-N-Out Burger now.

Jumpers will tell you about the adrenaline, about the first skydive changing their life. Me: it's simple. Here's what I took from this: we are faced every day, in small ways with the opportunity to make the jump whether it's making a phone call or an illegal turn. Imagined fear was the sole obstacle to 'taking the plunge'. The reality was bringing fearlessness back to the ground and applying it a little every day. I see the open hatch, feel the wind scrub my face, and embrace the unknown.

IT'S OFFICIAL!

By Rose Quintiliano

HOLLYWOOD—With 15 million Americans out of work, and major industries on the brink, America's array of government aid, including unemployment insurance, cash welfare and food stamps, are being tested like never before. According to reports, one in 50 Americans is living in a household with a reported income that consists of nothing but a food-stamp card. It's no wonder we are anticipating the annual State of the Union address, by President Obama. The only problem here is that the White House has reportedly floated two dates: January 26 and February 2, as possibilities for the 90-minute speech on future policy.

So why are those two dates important? The first is the beginning of week three of "American Idol" and the second is the season premiere of "Lost." Now, the dilemma for the networks is to juggle around the programs, just in case to make room for the speech. Unless you live with

wolves or were abducted, you joined the rest of us and watched the season premiere of "American Idol" on January 12. Now, that "Idol" is back, it's like getting a visit from a rich old aunt. Of course, it's not the same since Ellen Degeneres replaced Paula. Now, that Simon finally confirmed that he was leaving "Idol" in 2011 to judge his new show, the rumors are swirling that Paula Abdul is headed to Simon Cowell's X Factor.

While, Paula has been hotly pursued for several shows, this one would make sense. The 150 hopeful "Idols" all want a shot to stand out, when the show hits the road for the audition round. It began in Boston on January 12, and on the 13 it was off to Atlanta. Then on January 19, it's off to Chicago, and on January 20, it's the Orlando auditions. On January 26, it's off to Dallas, and the LA auditions are on the 27. It was no surprise here, about Simon leaving the show. His brother, Tony had spilled the

beans, a while back ago, on his weekly pod cast. Since, we all know that Simon and Paula made the show. Will "American Idol" survive without Paula and Simon?

Another one waving goodbye is Miley. It's official, teen star Miley Cyrus will stop being Hannah Montana sometime this summer. Cyrus plays Miley Stewart, a down-to-earth girl in high school, who leads a secret double life as pop star Hannah Montana. The show averages an estimated five million viewers a week. The upcoming fourth season will be its last. Production on the fourth season is scheduled to begin on January 18 and end sometime this summer after Miley takes a short hiatus in April to promote her upcoming big-screen movie, "The Last Song." Miley Cyrus will be playing the character of Veronica Miller, and it will be interesting to see how well she portrays her. The novel is written by Nicolas Sparks. Some facts about the novel:

Miley Cyrus chose the name Ronnie for the main character. Nicolas Sparks wrote the screenplay before he wrote the novel. "The Last Song" is the longest novel written by Sparks.

The novel is both a love story and a coming of age novel. The novel tells the story of a 17-year-old Ronnie Miller whose life changes dramatically when her parents divorce, and her father moves away from New York City to North Carolina. Three years later, Ronnie visits her father for the summer where she learns about the love between a parent and a child and first love.

Rose's Scoop: Speaking of love, where is the love between Cablevision and Scripps-Howard, which has yanked two of its networks, HGTV and Food Network, off Cablevision systems?

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MUSICAL CHAIRS WITH HEAD COACHES IN COLLEGE FOOTBALL

By Tobi Umodu

WESTWOOD—Every week I write about what is going on at UCLA and anything exciting that's happening in the athletic world, but every person has something that really gets them going, something they absolutely can't stand —like people who drive the speed limit in the carpool lane or someone going in the express lane with two carts full of groceries. There are many different pet peeves, but for me I can't stand the ever revolving door of head coaching jobs in college football.

It seems like loyalty is a word that doesn't exist in the realm of coaches. They come into a program fired up and preaching to their players about togetherness and family, but the next thing you know they are gone, off to another school because the grass (and the money) is apparently a little greener on the other side. All of the events been talked about over the past few weeks are a prime example of this rapidly escalating problem in college football, and now UCLA may be sucked into that same black hole as well.

Everything started with Pete Carroll's decision to make the jump from the college ranks to coach the big boys in the NFL. Now I can't fault anyone for leaving a college job to go to the NFL, I mean the stage doesn't get any bigger than that when it comes to

football, unless you are playing football in Europe. What I have a problem with is the aftermath that followed Carroll's departure. After scrambling to find someone quickly to replace their head coach and keep the recruits from jumping ship, USC successfully lured "coaching sensation" Lane Kiffin away from the Tennessee Volunteers. Kiffin was there one year, only one year, he didn't even wait for the blueprints to be finished or the paint to dry, he just jumped ship when he saw a better boat. Unfortunately, like most coaches who have been in the same situation, Kiffin failed to think about the crew he left behind. I've been in many coach meetings throughout my time playing football and there is not one coach who doesn't talk about being a team player and being a family and looking out for your teammates. I know Lane Kiffin was saying the same thing to those players he left choking on his dust in Tennessee. What are players supposed to think when a new coach comes in preaching about change and how everything is going to be better, but then when a better deal comes along, they are out the door before you can even blink.

All the focus is on Lane Kiffin because his story is so fresh, but there are many other coaches who have followed the same mantra. Get a nice job at school, fool every-

one into thinking you want to be there, but all the while you're auditioning for your dream team and waiting for them to call. Don't get me wrong, I'm not naïve. Money makes the world go round and it always will, but the way it is put on public display in college football is nothing short of despicable. A head coach is the leader of their team, what type of message is being sent to those young men on that team they just left? What these head coaches are doing is basically telling those players that life is all about moving to the next one. Whenever a better deal comes a long don't worry about what you left behind, just go for it. You're married? Who cares! You like that hot blonde who gave you a wink at the bar the other night, just go ahead and sleep with her it's nothing personal, it's just business.

Players left behind on these teams for awhile are almost like chickens with their heads cut off. They have no idea where to turn to, where they are going and what to do, but thankfully a lot of the time schools are able to bring in a good coach to stabilize the situation and that's all fine and dandy, but what about those schools that are not able to recover? When a head coach leaves, especially how Lane Kiffin did, the programs sometime take years to get back to where they want to be. They lose recruits,

current players lose faith and fans lose interest. A head coach has more an impact on their team than the players, but oddly enough the NCAA doesn't feel that way.

If a player wanted to change schools and go to another Division 1 school, they have to wait a year to play because it would be supposedly unfair to everyone else, but players do not get paid and it usually takes a little while to get assimilated to a new team. A coach on the other hand can switch schools as much as they like without having to wait one minute, and unlike players they are getting paid thousands, sometimes millions, of dollars. When they get there, they don't have to do any adjusting, it's the team that has to adjust to them. The coach is bringing his own staffs, his own plays, and his own attitude to wherever he is going, they are not uncomfortable at all, but yet the NCAA allows them to continue down this path of exploitation.

It's time the NCAA put an end to all this chaos and hold coaches to the same standards players are held too. After all it's the players that are doing all the work to pay for those hefty salaries some of those coaches are toting around, and I think it's time the false advertising stopped and they get what they paid.

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2010'S TOP MUST SEE MOMENTS FOR TV

By Tommy Garrett

HOLLYWOOD—Fans have three big reveals in 2010 that they desperately want to see unfold. Canyon News readers have spoken. Over the past two weeks e-mails and calls have come in and readers who monitor my TV columns and articles say they definitely want to see more of Ashley Jones, who portrays Dr. Bridget Forrester Marone on CBS's "The Bold and the Beautiful" and also want to see more of her character Daphne, a shape-shifter on HBO's "True Blood." Jones is open to anything that keeps her working on "B&B" and would be also open to doing outside primetime projects if her schedule permits. Jones has made it known to our readers over the past year how she loves working for Bradley P. Bell, one of the most talented producers and head writers in the industry and loved jockeying to the "True Blood" set as the sexy shape-shifter who is now heartless, but is she dead?

Jones's fan Bobby Head from Alabama says, "Maybe Daphne was made a vampire by Eric before she was killed and her heart removed by Eggs and Maryann? Ashley Jones is one of the hottest young actresses today and it would be great to see her on 'True Blood' as long as we can see her also on 'B&B.'" While Jeff from Australia says, "My wife Alma loves to watch Ashley on 'B&B' and I became acquainted with her work by reading your articles about her on both shows. She's not only beautiful, but talented and I bet if anyone can find a way to bring Daphne back to life, it's Alan Ball." Surely Ball can do so, as Bradley Bell is known to give the beautiful young star some of the best storylines any daytime actress has ever had. With his tutelage Jones has gone from

being a great actress to one of the industry's best actresses.

Here's hoping for that big reveal on "B&B" when Bridget finds out that her husband Nick has not only kept secrets from her involving the surrogate Sandy, who is carrying their child, but that he's shared those secrets with her mother, Brooke who was once Bridget's one-time competitor for Nick's heart and love. Fans also say that they sure look forward to seeing more of the dynamics between Bridget and her former step-daughter and half-sister Hope Logan, who their mother had with Bridget's first husband Deacon. This year is going to be a great year for "B&B," with Ashley Jones and Bridget ripe for Bell's incredible storytelling. While "True Blood" fans just don't want to let Daphne go, they feel she's Sam Merlotte's one chance at making a good life for himself and finding his own happiness.

Then there's Stephen Moyer who portrays vampire Bill Compton on HBO's "True Blood." When season two ended Bill was being dragged off by a kidnapper who used silver to disable the vampire from his ability to protect himself. Fans want to know who kidnapped Bill and why? Stephen Moyer's amazing portrayal of Bill is one that millions of fans have come to love and appreciate. His ability to touch his audience is in no small part to the credit of the actor's great theatrical training. Though working for genius Alan Ball is also nothing to turn your nose up at.

Fans want to know all about what happened to Bill and if he and Sookie will survive Eric's meddling and werewolf Alcide's interference? Viewers can't get



enough of the Civil-war era vampire who tries his best to put a positive face on being part of the undead in today's society.

Also in 2010 "Y&R" fans tell me they definitely hope that it's Sheila who is wreaking havoc on Lauren Fenmore lately. The two divas have faced off over a dozen times. Sheila is perhaps the most dangerous woman in the Western hemisphere. Having been the most dangerous villain on "The Young and the Restless" and it's sister soap "B&B," fans know that even though she was apparently killed off a few years back, that Sheila has more lives than a cat. With Lauren receiving a black rat in a gift wrapped box a few weeks ago and this week Lauren and Phyllis were talking about the possibility that Sheila may actually be still alive, can the she-devil of Genoa City be lurking

around in town? Some of Sheila's deeds include, kidnapping babies, shooting and poisoning her enemies and locking her psychiatrist in a dungeon not to mention cold-blooded murder. With Maria Bell's brilliant revamping of "Y&R" being talked about in the daytime TV industry, she is the one to bring Sheila back from the dead. Here's a peak of Sheila Carter in one of her most infamous resurrections from the dead. YouTube - Sheila Y&R promo commercial - Remember Me

2010's biggest TV moments for fans of "Y&R," "B&B" and "True Blood" have Stephen Moyer, Kimberlin Brown and Ashley Jones on their short-list for actors and characters they are dying to see more. Though readers remind me that Ashley is wanted and needed on two shows.

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When Doctors Get Back Pain & Sciatica, This Is What They Do...

Finally, A Breakthrough In The Treatment Of Back & Neck Pain And Sciatica Caused By Bulging, Herniated Or Squashed Discs

In this doctor's opinion, the best breakthrough treatment for serious back pain of our age is NOT surgery, but a non-surgical, safe & painless, state-of-the-art technology now available in Los Angeles.

Los Angeles—When a local doctor came to consult with me about low back pain and sciatica down his leg, he told me he's seen too many patients who've had surgery and he wanted to avoid it at all cost. He had seen 3 or 4 patient that I had treated and the "amazing results they had received" and he was asking me if I could help him.

You see, after I treat a patient, I always send a medical report of findings to their doctors, keeping them informed of the patient's progress. I also encourage the patient to report back to their physician for a visit and to show-off their newfound health to their doctor.

This doctor had several patients come back to him from our office after treatment to do just that and he came to me with his own condition.

I've successfully treated Dentists, Nurses, Chiropractors, Physicians, Therapists, just to name a few. I've treated even more of their staff. I've even treated a spine surgeon not many but one...pride is a funny thing, but I'd be honored at the opportunity to treat more of them.

Doctor or not, every person entering our office undergoes a thorough history, extensive examination, and review of spinal films. We then determine the cause of their pain, whether they are a good candidate for non-surgical spinal decompression and then I consider the severity of the case and decide on acceptance of their case.

Do You Have A Disc Problem?

If you experience any of the following in your back or neck, chances are your pain is due to a disc bulge, herniation or degeneration:

- A vice-like squeezing feeling in your back
- Sitting causes back or leg pain
- Stabbing pain at the belt line or in your neck
- Can't turn over in bed without hurting
- Numbness in your toes or fingers
- Fire down your legs
- Searing pain radiates into your arm
- Prickling in your leg or toes

Finally, Some Good News

If you've been suffering with back pain or arm/leg pain caused by a disc bulge, disc herniation or squashed or compressed discs.

I can now GUARANTEE** your satisfaction with my non-surgical computerized treatment for bad discs and bad backs!

It's all because of 14 recent medical studies on spinal decompression.

Until recently, the only advice for many of you suffering in pain was to try what you've been told:

- ✓ Try exercising
- ✓ Try physical therapy
- ✓ Try pain medications
- ✓ Try muscle relaxers
- ✓ Try pain shots
- ✓ Try dangerous back surgery
- ✓ Just live with it

If you're like most, none of these have worked for you or you are afraid of what could happen if you do try some of these. Exercising makes you hurt more, pain medications and muscle relaxers cover up the problem and give you side effects. Pain shots can cause more pain, don't work or don't last very long nor FIX the problem, back surgery didn't work or made you worse. Or maybe you were one of the lucky ones that back surgery actually helped, but now the problem is back with a vengeance.

Caution! Decompression is DIFFERENT than old time traction or hanging upside down or inversion machines which can make your muscles squeeze the discs even harder!

Whatever your situation, you owe it to yourself to check into a Breakthrough Computerized Non-Surgical Treatment for back pain and sciatic or leg pain caused by a bulging, herniated or squashed disc or discs.

It has helped hundreds of people who were suffering just like you. This new treatment machine I'm calling my squashed disc machine.

How Do Discs Go Bad?

Over time the discs in your back tend to get squashed or compressed, especially if you've played certain sports when younger or have a job that requires lots of sitting or standing in one place for long periods of time. Car accidents, lifting things, very physical jobs just to name a few.

It's kinda like a cookie with cream filling, and the cream filling will start to ooze out from between the sides of the cookie if pressure is applied on top of the cookie (like gravity on our spines).

Eventually this happens to a lot of us. Statistics are something like over 80% of Americans will suffer with back pain sometime in their life.



Back to my new computerized squashed disc machine. You're probably wondering how this new machine works.

How Does This Machine Work?

Haven't you ever had the thought... "Gosh, if somebody could just pull me apart...I would feel a whole lot better". Yeah, I know you have. And it kinda makes a bit of sense.

Well someone else, actually a medical manufacturer, back pain specialists, neurosurgeons and engineers have come up with just that. A machine that gently pulls you apart, stretches the disc to a certain point that causes a drop in pressure inside the disc (like a little vacuum in the middle the cream filling) causing the cream filling to suck back in!

In my clinic, I've treated dozens of patients with non surgical spinal decompression with great results so there should be no reason your back pain should be any different.

Actually, I'm so sure we can help you with your back problem, I'm willing to back it up...but not with hot air.

I GUARANTEE** your satisfaction.

That's right, I can guarantee your satisfaction because there are only a very small percentage of people we can't help. And I'm going to let you know if you're not right for the treatment. Here's what one applicant said after I told them couldn't help them:

Our experience today was actually kind of remarkable because we came in with my mom who is quite elderly and in considerable pain. My dad had seen this advertisement in the newspaper and... my thought, and my brother's thought, initially, was ... what craziness is this? But we were willing to try anything! We came in and Dr. James spent over an hour with my mom and it was a pleasant experience because we got the sense that he was truly interested in her health and not just his process. At the end of the consultation he determined that it wasn't going to work for her, which was sad for us because we felt that he really paid attention, but he gave us a lot of information that we needed. I would recommend this to anybody because the sense I got when I came in was that it is legitimate, his concerns are legitimate and the process that he uses is useful in many cases. The fact that it didn't work for us and he was quite candid about that only reinforced my instinct to trust his opinion on that." Don D.

And that's why I'm offering a limited time...----->

Like Don Most Serious Back Pain Sufferers Are Very Skeptical Of This New Procedure, As Skeptical As I Was When I Purchased My First Decompression Machine, So If You Are Skeptical...See What Some Of Our Patients Who WERE Good Candidates Have Had To Say About Our Program:

When I first came to Westside Spine my pain was around at 8 or a 9, on 0-10 scale. I came because I was told that my only option was surgery, and I didn't want to do that. I tried other things for over 6 months including epidurals and this is the only thing that has worked for me. I have now completed treatment and my pain is reduced by at least 80%. I am back to my old self. I love this place, everyone here is so kind, and generous and caring and really concerned about your well being. This was worth every penny I spent. Celia Finkelstein . Los Angeles

I am a patient of Dr. James. I came in to see him with a huge disc herniation between C5- and C6. I had excruciating pain in my neck and arm and had no feeling all the way down to my fingertips! I was told my options were to have an epidural and then have my discs removed and my spine fused, as a 28 year old woman I thought this was a ridiculous option. I sought out Dr. James and I would say about half way through the treatment

I was able to sit normally where before I couldn't even sit for 5 minutes. I was basically bed ridden. I am now complete with my treatment and have no pain at all. It is as if nothing ever happened. I have no pain, I have full movement of my neck and full function of my arm thanks to Dr. James and his wonderful crew my life is back to normal. Melissa McCaffery Los Angeles, CA

After my second treatment I had a fifty percent reduction in the pain that I had been suffering with for the past 12 or 13 years. On a scale of 1-10, my pain was consistently at an 8. Surgery had been recommended to me, but I did not want to go that route due to the high failure rate found in that community. Now after completing both my low back, and neck I am completely pain free. I am incredibly grateful to Dr. James for his expertise, his diagnostic skills, commitment and integrity and I am thrilled and moved by the results that I have gotten here. I highly recommend him to anyone who is suffering in pain, has been misdiagnosed, or has been told that surgery is the only option. Dr. Jay Grossman DDS

The process of spinal decompression was very helpful for me, I came in to see Dr. James with a pain level of 6-8, and now it is significantly improved to a level of 2-3. I would like to add that I had a spinal lumbar surgery in 2001 that had unfortunate complications, so I felt much more relaxed undergoing a non-invasive procedure to help my recurrent back pain several years after surgery. The staff was very courteous, and Dr. James was very sincere in assisting me with all of the issues associated with my back and other health issues. This has been very worthwhile and helpful to me. Jeffrey Toback M.D.

When I first came in to see Dr. James I was already being treated for my back with morphine, vicoden and Percocet. I could barely walk, and was in tears from the pain during my first consult with the doctor—even on all my medications. I was desperate for some relief and after hearing about decompression I came to this clinic. I have nothing but good things to say about this office and Dr. James. I no longer need to use a wheel chair or cane. I can walk normally. I highly recommend this to anyone who is skeptical, I only had one other option and that was surgery. Now I've got my life back! I owe everything to Dr. Jeffrey James and his staff. Mario G., graphic artist -Los Angeles

I came to see Dr. James because I had intense pain and discomfort and tingling in my leg. I feel one hundred percent better, the staff has been great and the doctors examination was the most thorough I've had. This has been great for me. Harry A. Marina Del Rey

"When I was diagnosed with bulging discs, my chiropractor referred me to Dr. James and his DRX9000 decompression machine. Wow! What a difference in three months. I now have no pain at all! But, more importantly, I have my vitality back and want to continue living. I also have learned and am learning how to keep my body in proper balance. The exercises that I have learned from Dr. James are the best that I have encountered...." Genevieve N. Los Angeles

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GLOBAL WRANGLING

By Henry Meyerding

WASHINGTON D.C.—There has been a big controversy in the media about a college e-mail system in England that was hacked, and a bunch of private e-mails published on the Internet. Disbelievers in global warming like to cite some of this e-mail as proof that global warming is a hoax. Believers in global warming argue that this e-mail is not significant and that it proves nothing.

I am happy to support openness in science, but I continue to think that the e-mails hacked is irrelevant to the validity or invalidity of scientific arguments. For example, some early 20th century scientists reached conclusions, not supported by evidence, regarding evolution. This fact does not call evolution into question today. Just because some early 21st century scientists did questionable deeds in support of a political position, does mean that global warming should come into question today.

When Einstein proved that some of Newton's observations and equations were inaccurate, we did not all conclude that gravity didn't exist. The fact that seven billion humans have a huge effect on our planetary

ecology is beyond question. The fact that some of those effects are resulting in consequences that are not optimal to the continued existence of our species on this planet is similarly beyond question. The identification of certain largely optional behaviors as being especially prejudicial to human survival is an inconvenient truth only because those optional behaviors are the foundation of a considerable segment of the current human economy. What is required here is for a sizable portion of the human population to accept less (profit/material wealth) voluntarily or by force, so that the operations of humanity on their planet can be adjusted in such a way that our collective actions do not result in the suicide of homo sapiens on this planet. What is required is a transition from an opportunistic to a sustainable economy.

The central issue being argued when people debate "global warming" is whether human kind can afford to continue to operate using a for-profit planetary management strategy. Those who argue against "global warming" are not willing to accept the need to change the human paradigm: they stipulate that 10

or 12 billion humans can carry on the same as 10-100 million humans, without serious consequences to the species or the planet. That they are wrong is beyond question.

Global warming is merely one case in point - a simple and easily understood reason why we must make changes in how we live immediately. It's like the cliff edge we're driving toward, and the recommendation from mainstream scientific authority is that we turn left or right really soon so we don't thunder over the edge like so many lemmings. Let us say that the cliff is imaginary, but the road we're on is going down towards the same destination —the bottom of the cliff. As we get closer and closer to that bottom it becomes inevitable that billions of human beings will certainly die, and there will be nothing we can do to prevent it. Perhaps some of us will survive more or less, but those who survive will inherit a dark future. Isn't that a pretty good reason to change course?

The only reason to continue on in the direction we're going is financial. In the current world, we already place the material

wealth of certain individuals above the welfare of millions of human beings. If we took the accumulated fortunes of a handful of the richest human beings and used that to address the root causes of the billion destitute humans who have nothing, we could prevent hundreds of millions of people starving to death in our own lifetimes. The question is: how do we manage our planet? a) for the benefit of all human kind or b) for the benefit of a tiny minority of fabulously wealthy individuals. Choose. Choose quickly.

In the final analysis, it does not really matter whether reducing one's carbon footprint results in less greenhouse gasses or even whether global warming is a result of human activity. What matters is that reducing one's carbon footprint is achieved by changes that are heading in the right direction, toward a more sustainable economy and the continued existence of humans on this planet, just as increasing your carbon footprint is heading in the other direction. Data aside, the benefits of a lower carbon footprint on the natural world, in which we must live, are beyond question.

HEY-WHAT'S THAT SOUND?

By Joann Deutch

LAUREL CANYON—It's undeniable that Laurel Canyon was the epicenter for Rock and Roll in the '60s, '70s and '80s. For every musician who was anyone, The Canyon served as their muse. The Canyon's reputation for acceptance gave wings to artistic imagination and creativity. Even today you can find musicians everywhere in the Canyon, just ask someone about their passion. If I did a survey of the number of locals with recording studios in their homes, the only ones who would not be shocked would be music industry insiders.

I caught up with Larry Heller, the CEO of Music Research Consultants musicresearch.com, a Laurel Canyon local. "Back in the day" as Larry tells it, the music biz was owned and controlled by "the establishment." These were the suit and tie guys who didn't "get" the music of the '60s and '70s.

Back then music was still a tightly controlled universe with rigid formulas. Radio only played singles and artists had to have a consistent sound. Larry saw the ground swell revolution that was taking place. Songs were unique, bands were writing about their experiences, their disaffection. Larry remembers that the Preview House on Sunset was considered cutting edge research for film marketing—previewing audience's response to movies, making changes and launching advertising based upon the data collected.

He had an epiphany. He knew he could use his technical knowledge of marketing to move the old school music industry to meet the insistent beat of the emerging music scene. In the '60s he positioned himself as the cyborg translator between the generations, the business of making money in music and art of music. His passion

for music and his persistence meant that he could break down the barriers.

Larry talks about pioneering the use of Galvanic Skin Response [GSR] sensors [along with more traditional marketing research techniques] in the music industry. GSR is a scientific method of measuring subconscious responses to external stimuli. He was measuring emotional responses to new bands and new music. His scientific approach and the data that was generated were irresistible to the suit and tie army. Remember these were the years of the "Race to the Moon"; Americans believed in science. Larry was revolutionizing the music industry by bringing "the voice of the audience" into the mix.

This was also the time of the "Generation Gap" created by the Vietnam War. The voice of this new generation was embedded in the emerging music. More than just love songs they were

philosophical statements, political opinions, lyrics which reflected back the mood of the younger generation. Radio stations were shifting to an AOR [Album Oriented Rock] format. Albums became a story board for a band. Albums had an embedded code that the establishment didn't get. This was the end of the "15-minute fan."

Today's "music scene" is different from the days where the universe consisted of big name rock stars. These days music is ubiquitous. Who's scoring movies? Who writes music for video games? Who writes beats, lyrics, and music for the big name performers? Look no farther.

Larry sees the pages are once again turning in the music business. Buffalo Springfield said it all, "somethin' happening here, what it is is not exactly clear".... "stop, hey what's that sound, everybody look what's going down..."

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